

# LISA A. LUNDY

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[Lisa@theroostercrows.com](mailto:Lisa@theroostercrows.com)

**EDUCATION** The Pennsylvania State University, B.S., Marketing – May 1984

**EMPLOYMENT** AUTHOR, *The Super Allergy Girl™ Allergy & Celiac Cookbook, From A Mother Who Knows™*, © 2007, ISBN# 978-0-9797542-0-3  
THE ROOSTER CROWS™, President, 2005- present  
DERMIK LABORATORIES, A Rhone-Poulenc Rorer Company  
Field Sales Representative, 10/91-3/94  
BAUSCH & LOMB, Sales Executive, 4/88 – 9/91  
XEROX CORPORATION, Sales Representative, 6/84 – 3/88  
PENN STATE UNIVERSITY, Resident Assistant, 9/81 – 5/84  
PEOPLES NATIONAL BANK, Bank Teller & Bookkeeper, 9/78 – 9/82

**LEADERSHIP EXPERIENCE** TOASTMASTERS INTERNATIONAL, Club President, 7/04 – 6/05  
WNY GLUTEN FREE DIET SUPPORT GROUP, 2001-2003  
Co-Chairperson for 6 months & assisted fund raising Chair (2 years)  
ALPHA OMICRON PI INTERNATIONAL FRATERNITY  
Regional Director, 10/85 – 4/87  
Colony President/Founder, Penn State Chapter 5/81 – 2/82  
Vice-President, Penn State Chapter 2/82 – 4/87  
PARMI NOUS, Penn State Leadership Society, President 3/83 – 3/84  
PENN STATE TOTAL ALCOHOL AWARENESS PROGRAM, 5/83 – 5/84  
PENN STATE PANHELLENIC COUNCIL, Public Relations Director '82-'83  
LA VIE, The Penn State Yearbook, Organizations Staff 9/79 – 7/81  
PENN STATE RESIDENTIAL LIFE, Orientation Leader 8/80 – 5/81

**HONORS** TOASTMASTERS INTERNATIONAL, Public Speaking Awards 12/03-6/07  
Competent Toastmaster 2003, Competent Leader 2004, Advanced  
Toastmaster-Bronze 2006, and Advanced Toastmaster-Silver 2007  
ALPHA OMICRON PI INTERNATIONAL FRATERNITY,  
EHA Award, Outstanding Senior Award – Region One,  
PARMI NOUS, Secret Penn State Leadership Society (1 of 20 invited to  
membership out of 30,000 students on Main Campus)

**ADDITIONAL TRAINING** Over 60 hours of IACET credentialed CEU's in leadership & communication

**REFERENCES** Available upon request.