



The Rooster Crows™ Seminar Series:

Write and Publish Your Book Now

WHAT: A professional seminar to empower individuals who have thought about writing a book, have started writing a book, or who have written a book that has yet to be published.

WHEN: Thursday, March 4th

TIME: 1:00 – 3:00 PM

WHERE: Embassy Suites Boca Raton
661 NW 53rd Street
Boca Raton, Florida 33487

COST: \$49.00

PRESENTER: Lisa A. Lundy

CREDENTIALS: Lisa is a professional speaker and is the author of *The Super Allergy Girl™ Allergy & Celiac Cookbook – From A Mother Who Knows™*, a gluten-free, dairy-free, egg-free, peanut and tree nut free resource guide and cookbook. Prior to starting her own company, she worked for Xerox Company, Bausch & Lomb and Rhone-Poulenc Rorer (Dermik Laboratories) in sales and marketing. She is an Advanced Toastmaster Silver, CL level in Toastmasters International. Her full resume and biography are available on her website: <http://www.TheSuperAllergyCookbook.com>.

Did you know that only 97% of all books published will never sell more than 1,000 copies? Find out how Lisa has propelled her book to be in the 3% of books that do sell more than 1,000 copies and is on the way to be a national best seller.

BENEFITS OF THE SEMINAR:

- Gain clarity on the channels for publishing a book
- Gain insights into options available to individuals who are interested in publishing a book
- Avoid common pitfalls in publishing
- Gain insider information on what often happens in the book publishing world
- Gain valuable tips and resources for getting your book published
- Gain inspiration and motivation to be in action on your book project

TO REGISTER:

On-line registration is available at: www.TheSuperAllergyCookbook.com or call (716) 835-6392.

Three additional informative and dynamic seminars are available in Boca Raton: March 3rd: 9 – 11:00 AM Time Management & Organization, March 3rd: 1:00- 3:00 PM Working and Playing in the Team Environment; On March 4th: 9:00 – 11:00 AM Sick & Tired of Being Sick and Tired. Visit <http://www.TheSuperAllergyCookbook.com> for registration or call (716) 835-6392.